



COPA ZONAL POWERLIFTING Y BENCHPRESS

SAN JUAN, 16-ABRIL-2016

POWERLIFTING

Fecha Competencia: 16-abr-16

Nº	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	Cat.	Provincia	SQUAT				BENCHPRESS				SUB.	DEADLIFT				TOTAL	Reshel	Coef	Ranking	
											1.	2.	3.	4	1.	2.	3.	4		1.	2.	3.	4				DAMAS	HOMBRES
1	Verónica García	GPA	F	31-ago-76	51,80	39	SubM	Open	52,0	San Juan	115,0	120,0	125,0	NO	70,0	75,0	80,0	NO	205,0	110,0	115,0	120,0	NO	325,0	2,092	679,90	1°	
2	Viviana Agüero	GPA	F	15-sep-83	65,20	32	Open	-	67,5	San Juan	100,0	105,0	110,0	NO	42,5	45,0	-50,0	NO	155,0	100,0	110,0	115,0	NO	270,0	1,681	453,87	2°	
3	Mariano Ocampo	GPA	M	24-feb-97	74,50	19	Tn 18-19	Open	75,0	San Juan	150,0	160,0	170,0	NO	75,0	80,0	-90,0	NO	250,0	175,0	-180,0	-190,0	NO	425,0	1,128	479,40		5°
4	Feferico Cichocki	GPA	M	24-oct-96	85,60	19	Tn 18-19	Open	90,0	San Juan	-185,0	185,0	200,0	NO	105,0	115,0	-120,0	NO	315,0	190,0	205,0	-220,0	NO	520,0	1,002	521,04		4°
5	Emilio Avila	GPA	M	02-may-80	89,90	35	SubM	Open	90,0	San Juan	205,0	215,0	220,0	NO	130,0	140,0	142,5	NO	362,5	180,0	200,0	-210,0	NO	562,5	0,970	545,63		3°
6	Ramiro Mosquera	GPA	M	26-ene-79	95,20	37	SubM	Open	100,0	San Juan	250,0	265,0	275,0	NO	145,0	155,0	-162,5	NO	430,0	225,0	NO	NO	NO	655,0	0,937	613,74		1°
7	Juan Carlos Mico	GPA	M	12-feb-78	97,40	38	SubM	Open	100,0	San Juan	210,0	220,0	230,0	NO	110,0	115,0	120,0	NO	350,0	225,0	240,0	-250,0	NO	590,0	0,926	546,34		2°



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N°	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	Provincia	GYM	BENCHPRESS				TOTAL	Reshel	Coef	Ranking		
												ALT.	1.	2.	3.				4.	DAMAS	HOMBRES
1	Verónica García	GPA	F	31-ago-76	51,90	39	SubM	Open	52,0	San Juan		5	70,0	75,0	80,0	NO	80,0	2,092	167,36	1°	
2	Mariano Ocampo	GPA	M	24-feb-97	74,50	19	Tn 18-19	Open	75,0	San Juan			75,0	80,0	-90,0	NO	80,0	1,128	90,24		7°
3	Sergio Barrientos	GPA	M	03-sep-78	82,30	37	SubM	Open	82,5	San Luis			142,0	150,0	155,0	NO	155,0	1,031	159,81		2°
4	Sergio Barrientos	IPO	M	03-sep-78	82,30	37	SubM	Open	82,5	San Luis			165,0	180,0	190,0	NO	190,0	1,031	195,89		1°
5	Federico Cichocki	GPA	M	24-oct-96	85,60	19	Tn 18-19	Open	90,0	San Juan			105,0	115,0	-120,0	NO	115,0	1,002	115,23		5°
6	Emilio Avila	GPA	M	02-may-80	89,90	35	SubM	Open	90,0	San Juan			130,0	140,0	152,5	NO	152,5	0,970	147,93		3°
7	Ramiro Mosquera	GPA	M	26-ene-79	95,20	37	SubM	Open	100,0	San Juan			145,0	155,0	-162,5	NO	155,0	0,937	145,24		4°
8	Juan Carlos Mico	GPA	M	12-feb-78	97,40	38	SubM	Open	100,0	Mendoza			110,0	115,0	120,0	NO	120,0	0,926	111,12		6°